# PACKAGE LEAFLET: INFORMATION FOR THE USER

## STUD 100 Desensitizing Spray for Men Lidocaine 9.6% w/w

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### What is in this leaflet:

- 1. What STUD 100 is and what it is used for
- 2. What you need to know before you use STUD 100
- 3. How to use STUD 100
- 4. Possible side effects
- 5. How to store STUD 100
- 6. Contents of the pack and other information

## 1. What STUD 100 is and what it is used for

STUD 100 contains the active substance lidocaine. Lidocaine is a local anaesthetic which is used in adults to reduce the sensitivity of the penis to touch just before intercourse (sex). The reduction in sensitivity helps to delay ejaculation (climax) in cases of over-rapid or premature ejaculation (coming to a climax too quickly).

## 2. What you need to know before you use STUD 100

#### X Do not use STUD 100:

• If you or your partner are allergic to lidocaine or any of the other ingredients of this medicine (listed in section 6).

## Warnings and precautions

Take special care with STUD 100 and always ask your doctor before using the medicine if you have, or have ever had, liver or kidney problems. Discontinue use if a rash or irritation develops. If symptoms persist, consult a doctor.

#### Children and adolescents

There is no relevant use of STUD 100 in children or adolescents.

#### Other medicines and STUD 100

High blood levels of the active ingredient of STUD 100, lidocaine, can cause interactions with other medicines. The amount of absorption of lidocaine from STUD 100 is likely to be very low. However, you should ask your doctor or pharmacist for advice before using the spray if you are taking or have recently taken any other medicines, including medicines or herbal therapies obtained without a prescription.

## X Pregnancy

Do not use STUD 100 if your partner is pregnant, STUD 100 can transfer to your partner during intercourse.

If you are planning a pregnancy, you should either avoid using STUD 100 or wash it off thoroughly just prior to intercourse.

## i Driving and using machines

STUD 100 is unlikely to impair the ability to drive or operate machinery.

#### STUD 100 contains fragrance with benzyl cinnamate,

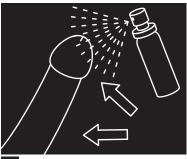
butylated hydroxytoluene, citral, hexyl cinnamaldehyde and tree moss. Benzyl cinnamate, citral, hexyl cinnamaldehyde and tree moss may cause allergic reactions. Butylated hydroxytoluene may cause local skin reactions (e.g. contact dermatitis) or irritation to the eyes and mucous membranes.

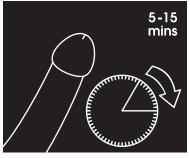
## 3. How to use STUD 100

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The quantity used and timing will vary with individual requirements, but the usual recommended dosage is 3 to 8 sprays to the head and the shaft of the penis, 5 to 15 minutes before intercourse. You should always use the minimum effective quantity.

- This spray is for external use only. Do not spray near the eyes or nostrils.
- Do not use on broken or inflamed skin.
- Wash off the spray after intercourse.
- Do not use the spray for more than 3 months without consulting your doctor.
- Do not exceed a maximum of 24 sprays in 24 hours.





Elderly

STUD 100 is not recommended for use by the elderly.

If you use more STUD 100 than you should If you use too much of the product you should seek medical advice. If you have any further questions on the use of this product, please ask your

## 4. Possible side effects

doctor or pharmacist.

Like all medicines, STUD 100 can cause side effects, although not everyone gets them.

Allergic reactions to lidocaine have been reported very rarely. If you or your partner develop a rash, or irritation, stop using the spray. If the side effect becomes serious, or if you notice any other side effects, please

tell your doctor or pharmacist. When STUD 100 is used correctly as described in this leaflet, only extremely low

levels of lidocaine are absorbed into the blood. However, higher blood levels of lidocaine (about 25 times higher than the blood levels achieved with the recommended maximum daily dose of STUD 100) have been associated with side effects such as nervousness, dizziness, convulsions (fits), loss of consciousness, as well as effects on the heart and lungs.

#### Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

United Kingdom

Yellow Card Scheme Website:

www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store

#### 5. How to store STUD 100

- Keep STUD 100 out of the sight and reach of children.
- Do not use STUD 100 after the expiry date which is stated on the can. The expiry date refers to the last day of that month.
- Store below 25°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6. Contents of the pack and other information

#### What STUD 100 contains:

- The active substance is Lidocaine 9.6% w/w.
- The other ingredients are Isopropyl Myristate, Stearic Acid, Diethylene Glycol Monoethyl Ether and Perfume Masculine 120 (fragrance containing benzyl cinnamate, butylated hydroxytoluene, citral, hexyl cinnamaldehyde and tree moss - see Section 2).

## What STUD 100 looks like and contents of the pack:

Aluminium can with metered pump spray and aluminium cap, containing 12g STUD 100 Desensitizing Spray for Men.

## Marketing Authorisation Holder

Pound International Ltd

Castle Keep

High Street

Deddington

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#### Manufacturer

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